

**ROYAL ACADEMY
OF DANCE**

This is to certify that

Katinka Lang

Attended

Technique for Artistry in Grades 1-5

22.03.2025

3 hours Time-Valued CPD

Certified by

A handwritten signature in black ink, appearing to read 'Mia Romanus', with a stylized, cursive script.

Mia Romanus
Head of Continuing Professional Development

Transcript of Achievement

Activity Aims

The aims of this activity are to:

- To explore practical teaching strategies focusing on dynamic turnout, alignment and control, and movement dynamics for expression,
- To evaluate the role of structured repetition in building technical consistency, muscle memory, and preparedness for examination performance, and
- To understand how focused development of turnout, alignment, and movement dynamics can positively impact examination outcomes by enhancing both technical and artistic components.

Activity Learning Outcomes

On completion of the activity, participants will:

- Have a greater understanding of how to create and implement effective training exercises that improve students' comprehension of control, movement dynamics, and line, directly supporting their progression toward achieving the learning outcomes of Grades 1 -5 level,
- Have gained a thorough understanding of the mechanics, application, and interrelationship of turnout, varied movement dynamics, and alignment, enabling them to guide students in achieving greater technical and artistic proficiency, and
- Have a greater understanding of the benefits of training exercises focused on structured repetition and consistency, understanding how these techniques can enhance students' technical consistency, confidence, and readiness for examination.

Valid for RAD CPD Year

1 September 2024 – 31 August 2025