

**ROYAL ACADEMY
OF DANCE**

This is to certify that

Katinka Lang

Attended

Pre-Pointe Assessment

23.03.2025

1.5 hours Time-Valued CPD

Certified by

A handwritten signature in black ink, appearing to read 'Mia Romanus', with a stylized, flowing script.

Mia Romanus
Head of Continuing Professional Development

Transcript of Achievement

Activity Aims

The aims of this activity are to:

- Support teachers to identify factors/physiological requirements to safely introduce students to pointe work training, and
- gain understanding of how to prepare students to be ready for pointe work.

Activity Learning Outcomes

On completion of the activity, participants will:

- Have the ability to assess students for pointe work and identify potential injury risk factors,
- Have increased awareness of how to prepare the students for pointe work, and
- Be able to support students to safely and confidently commence pointe work.

Valid for RAD CPD Year

1 September 2024 – 31 August 2025