

# ROYAL ACADEMY OF DANCE

This is to certify that

**Katinka Lang**

Attended

**Screening Protocols for Pointe Readiness**

20 July 2022

**3 hours Time-Valued CPD**

Certified by

A handwritten signature in black ink, appearing to read 'Mia Romanus', written in a cursive style.

Mia Romanus

Head of Continuing Professional Development

# Transcript of Achievement

## Activity Aims

The aims of this activity are to:

- improve theoretical and practical knowledge and understanding of the importance of implementing screening protocols when determining pointe readiness, and
- provide practical experience of testing procedures, to inform teacher assessment during pointe readiness screening.

## Activity Learning Outcomes

On completion of the activity, participants will have:

- gained theoretical knowledge from peer-reviewed research regarding the benefits of functional skills testing when screening students' pointe readiness,
- discussed the need for flexibility and/or strength training to condition students who do not meet test criteria (particularly, the hypermobile student),
- an increased knowledge and understanding of the different testing measures that can be used alongside teacher assessment when determining student readiness for pointe,
- practically peer assessed each other using the functional skills tests, and
- taken part in critical discussions surrounding implementing skills testing procedures alongside teacher assessment vs teacher assessment alone.

## Valid for RAD CPD Year

1 September 2021 – 31 August 2022